



## **GET HEALTHY TOGETHER**

## Family Day: 9/18, 12-4 p.m. YMCA OF MONTCLAIR

**Tour our branches** 

Free Geyer Family Branch activities include:

• Arts & Crafts (ages 6 months-6 years)

Merry Music Makers
 (ages 6 months-6 years)

Creative Movement (ages 2-4)

Free Park Street Branch activities include:

- Cycling (ages 7-adult)
- Cardio Kick Boxing (ages 13
- Family Yoga (ages 6-adult)

More info: www.montclairymca.org/openhouse16

Park Street Branch (first grade to adult)

**Geyer Family Branch**(6 months through kindergarten)